

BREAST CANCER INFORMATION ONLINE

Updated: October 2007

[What is Breast Cancer?](#)

Canadian Cancer Society

Provides answers to commonly asked questions about breast health, Canadian Cancer Society breast health messages and information about risk factors for breast cancer in women.

[Qu'est-ce que le cancer du sein?](#)

[The Canadian Cancer Encyclopedia](#)

[Encyclopédie Canadienne du cancer](#)

Canadian Cancer Society, regular updates

The *Canadian Cancer Encyclopedia* is a comprehensive database on cancer information written by the Canadian Cancer Society for the **Cancer Information Service**. It is designed to assist information specialists while answering telephone inquiries. The Canadian Cancer Encyclopedia™ covers a wide range of topics including risk reduction, screening, diagnosis, treatment and supportive care. Experts review its content regularly to ensure that the information is accurate. The breast cancer chapter is posted online.

[A Woman's Guide to Breast Assessment](#)

Breast Assessment Regional Coordinating Committee, 2002

Cancer Care Ontario, Ontario Breast Screening Program, Government of Ontario

The 36-page booklet provides descriptions and information about screening tests and terminology for those who experience a screening abnormality or breast changes.

[The Breast Self-Examination \(BSE\) Website](#)

[Web de l'auto-examen des seins \(AES\)](#)

Thunder Bay Breast Health Coalition, 2003

Site demonstrates how women can examine their breasts step by step with photographs, audio (sound) and the printed word.

[Benign Breast Disease: A Resource Handbook for Health Care Providers](#)

OBCIEP, 1996

This 44-page booklet provides practical information on four benign breast conditions: fibrocystic disease, fibroadenoma, mastalgia, and nipple discharge. Intended for health care providers to review with their clients.

[Ductal Carcinoma in Situ: A Resource for Women and Health Care Providers](#)

OBCIEP, 1998

This 24-page booklet helps individuals understand how a diagnosis is made, how it is treated, and the risk of recurrence. Designed as a resource for health care professionals.

[Lymphedema: What Breast Cancer Patients Need to Know](#)

Northwestern Ontario Regional Cancer Centre, 2005

The information in this booklet focuses on secondary lymphedema from breast cancer treatment and deals with warning signs and symptoms, prevention, treatment, self care, complications, exercise and more

[Navigating Your Path, A Guide for People Dealing with Advanced Breast Cancer](#)

Provincial Breast Cancer Information Coordinators, Canadian Breast Cancer Network, CURE Foundation, July 2005

An information guide for people dealing with advanced or metastatic disease.

[Living with Metastatic Disease, An Information Brochure for Women with Breast Cancer](#)

[Vivre avec une maladie métastatique: brochure d'information à l'intention des femmes atteintes du cancer du sein](#)

Willow Breast Cancer Support Canada, 2005

An overview of metastatic breast cancer, including treatment options and emotional challenges.

[Coping with your Financial Concerns when You Have Breast Cancer](#)

Willow Breast Cancer Support Canada, 2005

Information about financial assistance programs for each Canadian province.

[Where Will My Money Come From?](#)

Canadian Cancer Society - Ontario Division, 2005

An information series about government income programs, financial resources, and other resources available to residents in Ontario.

[Unconventional Cancer Therapies](#)

BC Cancer Agency, regular updates

Provides information on over 230 alternative cancer therapies.

[Getting Back on Track: Life After Treatment](#)

Princess Margaret Hospital, 2002

Resource to help those affected by breast cancer to make the transition from treatment to life after treatment, includes list of resources, 97 pages.

[Hereditary Breast Cancer *Cancer du sein héréditaire*](#)

Canadian Cancer Society, 2001

Information to help women understand their risk of developing breast cancer. Audio tape and booklet also available.

[Making Decisions About the Removal of My Breast Cancer: What Do I Prefer](#)

Canadian Cancer Society, 2001

Decision aid to help women decide together with their surgeons the type of surgical treatment they prefer (i.e. lumpectomy followed by radiation or mastectomy). Audio tape and booklet also available.

["The Best Ever List" - Information and Support Resources for Young Women with Breast Cancer](#), Willow Breast Cancer Support Canada, 2007

MALE BREAST CANCER (U.S. Sites)

[Imaginis: The Breast Health Resource - Breast Cancer in Men](#)

[Medline Plus - Male Breast Cancer](#)

[National Cancer Institute - Male Breast Cancer](#)

HEALTH CANADA

CANADIAN BREAST CANCER INITIATIVE PUBLICATIONS

Includes [Questions and answers on breast cancer A guide for women and their physicians](#), [Clinical Practice Guidelines for the Care and Treatment of Breast Cancer](#), communication tools for health professionals and the public, [It's Your Health](#) timely fact sheets, and [Canadian Cancer Statistics](#).

Click on [English](#) or [Français](#) to see full list of CBCI publications and links.

SUPPORT SERVICES

Canadian Cancer Society - Cancer Information Service

The Canadian Cancer Society's Cancer Information Service is a national, bilingual, toll-free service offering comprehensive information about cancer and community resources to cancer patients, their families, the general public and health care professionals. Information Specialists can be reached toll-free Monday through Friday from 9 am to 6 pm at **1-888-939-3333** or e-mail at info@cis.cancer.ca. See the CCS Community Resources Directory online at:

[CCS Support Services](#)

[Services](#)

The Society offers a province-wide telephone-based peer support service that matches individuals over the phone with a trained volunteer who has been through a similar cancer experience, available to people with cancer and to caregivers as well in 16 different languages. Call **1-800-263-6750**.

Some communities also offer in-person one-to-one support. It may be possible to arrange for a visit with a survivor or caregiver—contact **1-888-939-3333** for more information.

Willow Breast Cancer Support Canada

Trained volunteers and breast cancer survivors offer information and emotional support to women dealing with breast cancer.

Within the Metro Toronto calling area call **416-778-5000**, outside of Metro Toronto call the toll-free line, **1-888-778-3100** or e-mail support@willow.org.